Cal Poly Humboldt

RN-BSN Nursing Program Information Session

Dr. Kimberly Perris
Director of Nursing | Assistant Professor
Objectives

1. Provide an overview of the program
2. Review the admission requirements
3. Review the application process
4. Provide contact information for questions
Program Overview
Meet the Team

**Dr. Kimberly Perris**
Director of Nursing | Assistant Professor
(707) 826-4533
kimberly.perris@humboldt.edu

**Kevin Colando**
Administrative Analyst
(707) 826-3965
kevin.colando@humboldt.edu

**Dr. Eden Donahue**
Associate Director of Nursing | Assistant Professor
(707) 826-4352
eden.donahue@humboldt.edu
Dr. Taylor Bloedon
Associate Professor-Kinesiology

For up-to-date information about Nursing Program lecturers, please visit the Nursing Program website.
Mission

The mission of the RN to BSN Program is to prepare nurse leaders who utilize an understanding of health disparities, rurality, and cultural humility to advocate for the physical and psychosocial health of the region’s communities.
Vision

The Cal Poly Humboldt Nursing Program will revolutionize rural health care through nursing education to optimize new roles for nurses based on community engagement, leadership, and social justice.
**Why a BSN?**

**Associate Degree in Nursing (ADN)**
- Entry to nursing practice
- Preparation for National Licensing Exam
  - NCLEX

**Bachelor of Science In Nursing (BSN)**
- Advanced Critical thinking
- Research
- Leadership
- Public Health Certification
- Community Health Fieldwork
- Community Focused Capstone
Why this Program?

- Community health focused
- Designed for working RNs
- Blend of online and in-person coursework (Intensives twice per semester, one in-person & one online)
- Community health fieldwork - Capstone Project
- Learn practical strategies to develop innovative solutions that promote a culture of health and wellness in our rural region
- Veterans Affairs Department (VA) requires nurses to hold a Bachelor’s in Nursing to promote beyond and entry level RN
- Gain knowledge and skills to lead in a variety of settings in hospitals and beyond
- Public Health Nursing Certification - Required in CA to work as a Public Health Nurse
- Personal career guidance/course navigation from Program Advisor
Emerging Roles and Opportunities for BSN Nurses

- Public Health Nursing
- School Nursing
- RN Care Coordinator
- Utilization Management
- Chronic Disease Manager
- Leadership and Management
- Team-Based Care Leader
- RN Visits
- Telehealth
- Health & Wellness Coach
- Health Education
- Disaster Response
Where You Will Work

Public Health Department
Veterans Affairs
VA Hospitals
Primary Care Practice

Community Health Clinic
Ambulatory Care Centers
Outpatient Clinics
Hospital

Hospice/Palliative Care
Home Health Nursing
Rural Health Center
Schools
Application Requirements and Program Highlights
• Associate Degree in Nursing (ADN)
• Pass NCLEX
• GPA 2.75

8-Core Courses:
• Written Communication
• Oral Communication
• Critical Thinking
• Statistics
• Anatomy
• Physiology
• Chemistry
• Microbiology
## Course Roadmap

### Semester 1 (Fall)

<table>
<thead>
<tr>
<th>Course</th>
<th>Units</th>
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<tbody>
<tr>
<td>NRSG 348: Development for Professional Practice</td>
<td>3</td>
</tr>
<tr>
<td>NRSG 390: Nursing Informatics and Information Literacy and Competency</td>
<td>3</td>
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</table>

**TOTAL** 6 units

### Semester 2 (Spring)

<table>
<thead>
<tr>
<th>Course</th>
<th>Units</th>
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</thead>
<tbody>
<tr>
<td>NRSG 372: Health Assessment and Promotion Across the Life Span</td>
<td>3</td>
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<tr>
<td>NRSG 350: Pathophysiology for Nursing Practice</td>
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</table>

**TOTAL** 6 units

### Summer Semester

<table>
<thead>
<tr>
<th>Course</th>
<th>Units</th>
<th>Notes</th>
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<tbody>
<tr>
<td>Upper Division GE Area C</td>
<td>3</td>
<td>Diversity and Common Ground</td>
</tr>
<tr>
<td>Upper Division GE Area D</td>
<td>3</td>
<td>Diversity and Common Ground</td>
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</table>

**TOTAL** 6 units

### Semester 3 (Fall)

<table>
<thead>
<tr>
<th>Course</th>
<th>Units</th>
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</thead>
<tbody>
<tr>
<td>NRSG 470: Community/Public Health Nursing</td>
<td>3</td>
</tr>
<tr>
<td>NRSG 471: Community/Public Health Nursing Lab</td>
<td>3</td>
</tr>
<tr>
<td>HED 451: Nutrition for Chronic Disease</td>
<td>3</td>
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**TOTAL** 9 units

### Semester 4 (Spring)

<table>
<thead>
<tr>
<th>Course</th>
<th>Units</th>
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<tbody>
<tr>
<td>NRSG 460: Nursing Leadership and Management Dynamics</td>
<td>3</td>
</tr>
<tr>
<td>NRSG 490: Nursing Research</td>
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</table>

**TOTAL** 6 units

**Total Units for BSN Program = 33 units**
On Campus Intensives
Networking & Building Community

2-day weekend intensives twice a semester (All day Friday/Saturday middle and end of semester)

*Dates set far in advance for planning days off
  – Face-to-face time with peers and faculty
  – Relationship & community building
  – Guest speakers
  – Presentations
  – Interactive problem solving

**Fall intensive**
October-On Cal Poly Humboldt Campus
December-Virtual

**Spring Intensive**
March-Virtual
April-On Campus
Virtual Reality-Embodied Labs
Cohort 2-Health Literacy Presentations
Caring Science Mindful Practice
Application Process
Applications for Fall Semester Start:

25 nursing students per cohort

21 Months to complete

Cost apx $15,000 (apx. Tuition, books & Supplies) See cost breakdown next slide

Hybrid (2 required intensives per semester)
# Projected Cost of Attendance

## Part-Time (0-6 Units) Student Costs

<table>
<thead>
<tr>
<th></th>
<th>Fall</th>
<th>Spring</th>
<th>Summer</th>
<th>Fall</th>
<th>Spring*</th>
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</thead>
<tbody>
<tr>
<td>Tuition Fee</td>
<td>$1,665</td>
<td>$1,665</td>
<td>$1,734</td>
<td>$2,871</td>
<td>$1,665</td>
<td>$9,600</td>
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<tr>
<td>Materials, Supplies, &amp; Facilities Fee</td>
<td>$86</td>
<td>$86</td>
<td>-</td>
<td>174</td>
<td>$86</td>
<td>$432</td>
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<tr>
<td>Instructionally Related Activities Fee</td>
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<td>$201</td>
<td>-</td>
<td>337</td>
<td>$201</td>
<td>$940</td>
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<tr>
<td>Student Body Association Fee</td>
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<td>$58</td>
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<td>58</td>
<td>$59</td>
<td>$234</td>
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<td>Campus Union Fee</td>
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<td>123</td>
<td>$123</td>
<td>$492</td>
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<td>Health Facilities Fee</td>
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<td>$33</td>
<td>$132</td>
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<td>Health Services Fee</td>
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<td>333</td>
<td>$333</td>
<td>$1,332</td>
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<td>Student Involvement &amp; Representation Fee**</td>
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<td>$2</td>
<td>-</td>
<td>2</td>
<td>$2</td>
<td>$8</td>
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<tr>
<td>Student Professional Liability Insurance Fee***</td>
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<td>-</td>
<td>-</td>
<td>-</td>
<td>$20</td>
<td>$40</td>
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<td><strong>Tuition and Fees</strong></td>
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<td></td>
<td></td>
<td></td>
<td><strong>$13,210</strong></td>
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<td>Books (Estimated)</td>
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<td>$300</td>
<td>$300</td>
<td>$300</td>
<td>$300</td>
<td>$1,500</td>
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**OVERALL PART-TIME STUDENT PROGRAM TOTAL** $14,710

*Cal Poly Humboldt*
Financing Your Nursing Education

• **Financial Aid**
  • FAFSA or Dream Act
    • File October 1 for next year
    • FAFSA
    • CA Dream Act

• **Scholarships**
  • Use the Power of Google
  • Cal Poly Humboldt Scholarships
    • Yearly opportunities
  • Professional Organizations

• **Employer:**
  • Ask about tuition reimbursement or other incentives for pursuing higher education!
Nursing Shortage

• Advocate for yourself
• Ask about tuition reimbursement
• Employers need you and they need BSN prepared nurses!
• Talk about your plans for education and be realistic about time off for school.
Create an account at calstate.edu/apply
In your “Extended Profile” be sure to indicate you are pursuing a Bachelor’s degree and that you have 60 units or more (90 quarter units)

Choose Nursing at Cal Poly Humboldt

Fill in all required fields on the application and submit
There are guides for filling out the application at calstate.edu/apply.
They are very useful
There is a Helpline for you to call with application questions at calstate.edu/apply, at the bottom of every page.
(857) 304-2087
Contact Dr. Perris
kb62@humboldt.edu
707-826-4533
Forbes Complex 142
nursing.humboldt.edu

Want more information?
Schedule Zoom Consultation with Dr. Kim Perris during office hours or email kb62@humboldt.edu to set up a time.